



Hours: Monday to Friday
8.00am to 2.00pm

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WHAT DO THE GREEN AND AMBER ICONS MEAN?

Our School adheres to the Traffic Light System, this policy places foods into categories based on a Traffic Light System. The menu must comply and consist of a minimum of 60% Green which are those foods considered to be a healthy option.



Menu items that are marked with a green smiley face are our healthiest choice for our students



Menu items that are marked with an amber neutral face should be chosen carefully as a sometimes choice

LUNCH SPECIALS

DAILY DEALS

MUNCHIE MONDAY

HAMBURGER With Salad	\$5.00	
CHICKEN BURGER With Salad	\$5.00	
VEGIE BURGER With Salad	\$5.00	
SAUSAGE ROLL	\$3.50	

TASTY TUESDAY

PIZZA		
HAM & CHEESE	\$4.50	
HAM, CHEESE & PINEAPPLE	\$4.50	
MARGHERITA (VEGIE)	\$4.30	

WACKY WEDNESDAY

CHICKEN NUGGET DEAL	\$4.50	
FISH FINGER DEAL	\$4.50	

DEAL - Corn on the Cob or Hash Brown and Vegie Sticks

THUMPIN THURSDAY

HOT DOG FULL	\$4.50	
PUPPY DOG	\$2.30	

FUNKY FRIDAY

BEEF PIE	\$4.50	
SAUSAGE ROLL	\$3.50	
PARTY PIE	\$1.10	
SAUCE Tomato or BBQ	\$0.50	

MEAL DEAL UPGRADE

WATER or JUICE BOX and POPCORN	\$2.50	
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DRINKS

FLAVOURED MILK	\$3.00	
Chocolate or Strawberry		
JUICE BOX	\$2.00	
JUICE BOMB	\$3.00	
UP & GO	\$3.00	
Chocolate, Strawberry or Banana		
WATER 600ml	\$1.00	
SLUSHIE Large	\$2.00	
SLUSHIE Small	\$1.00	
CUP of MILK (Reduced Fat)	\$1.00	
HOT MILO	\$2.00	

FROZEN TREATS

AVAILABLE LUNCHTIME ONLY

ICY POLE	\$1.00	
1/2 ICY POLE	\$0.50	
MOOSIE MILK FREEZE Full	\$2.00	
MOOSIE MILK FREEZE 1/2	\$1.00	
TWISTED FROZEN YOGHURT	\$2.00	

ORDERING TIPS

- Orders can be placed at the Canteen Daily or Online using Flexischools
- Recess and lunch orders must be placed before 10.00am and orders cannot be cancelled after 9.30am
- Online ordering is only available until 9.00am. Please ensure all orders are placed by this time.
- To register for online ordering go to www.flexischools.com.au. Further information on online ordering is available at the canteen.
- Early Learning students (Kindy and Pre-primary) are unable to order recess items or everyday lunch treats as they are not allowed to leave the Early Learning area to collect.

VOLUNTEERS

Our Canteen is operated by the P&C Committee. The Canteen Staff would love your help and being a volunteer is easy.

Volunteers can help when it suits them and only help with what they are comfortable with. As a Thank you to our volunteers you will receive a \$5 voucher for your child to spend.

If you are interested please have a chat to the staff.



CANTEEN MENU

SUMMER 1/2/2023



EVERYDAY SNACKS		DAILY RECESS SPECIALS	
RECESS & LUNCH		N/A FOR KINDY & PP	
VEGIE STICKS & FRUIT	\$1.00 🍌	MONDAY	
SEASONAL FRUIT	\$1.00 🍌	GARLIC BREAD	\$0.50 🍌
APPLE SLINKY	\$1.00 🍌	PIZZA (Vegetarian)	\$1.00 🍌
CORN ON THE COB	\$1.00 🍌	TUESDAY	
POPCORN	\$0.50 🍌	CHEESY Plain/ Spaghetti	\$1.00 🍌
MUFFIN (Assorted Flavours)	\$1.00 🍌	DINO SNACK	\$0.50 🍌
BANANA BREAD (Large)	\$1.50 🍌	WEDNESDAY	
BANANA BREAD (Small)	\$0.70 🍌	CHEESY Plain/ Spaghetti	\$1.00 🍌
PIKELETS (2 pieces)	\$1.00 🍌	NACHOS	\$2.00 🍌
BROWNIE	\$0.70 🍌	THURSDAY	
MILO COOKIE	\$0.50 🍌	CHEESY Plain/ Spaghetti	\$1.00 🍌
VEGIE CHIP PACKET	\$1.50 🍌	GARLIC BREAD	\$0.50 🍌
CHERIOS (Scoop)	\$0.10 🍌	FRIDAY	
		WEDGES	\$2.00 🍌
		HASH BROWN	\$0.50 🍌
SANDWICHES		HOT LUNCHES	
MADE WITH WHOLEMEAL BREAD- WHITE BY REQUEST		AVAILABLE EVERYDAY	
CHICKEN/ HAM/TUNA	\$3.50 🍌	HOT CHICKEN ROLL	\$5.00 🍌
Including Mayonnaise		With Mayonnaise	
BREAD and BUTTER	\$1.00 🍌	MEATBALL SUB	\$5.50 🍌
VEGEMITE	\$2.50 🍌	With Cheese	
CHEESE	\$3.00 🍌	LASAGNE	\$5.50 🍌
TINNED SPAGHETTI	\$3.00 🍌	Gluten Free Option Available	
EGG PLAIN or CURRIED	\$3.00 🍌	SPAGHETTI BOLOGNESE	\$5.50 🍌
SALAD ONLY	\$3.00 🍌	MACARONI CHEESE	\$5.50 🍌
UPGRADE to WRAP	\$0.50	Gluten Free Option Available	
UPGRADE to TOASTED	\$0.50	TERIYAKI CHICKEN	\$5.50 🍌
EXTRAS		With Rice	
SALAD including mayonnaise	\$1.50	VEGIE LASAGNE	\$5.00 🍌
CHEESE or VEGEMITE	\$0.50	Gluten Free	
EGG	\$1.00	SALAD BOWLS	
BEETROOT	\$0.50	AVAILABLE EVERYDAY	
		SALAD includes Lettuce, Tomato, Carrot, Cucumber and Cheese	
		PLAIN SALAD	\$4.50 🍌
		SALAD PLUS	\$5.50 🍌
		Add Chicken or Egg or Ham or Tuna	